



NOW TO NEXT PRAYER TOOL

A simple way to pray specific, faith-filled prayers for friends

Foundational Truth

God finishes what he starts. When you look at a friend's life, you are never just looking at their "now." You are looking at a story in progress. The Now → Next Prayer helps you to name where a friend is today, ask God for breakthrough, and imagine what God might be leading them toward next. Philippians 1:6 reminds us,

"Being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus."

The Now → Next Prayer helps you slow down, see where your friend is right now, and pray with clarity for where God might be taking them next.

Step 1: Choose a FRIEND

Think of one person in your life God brings to mind. It could be:

- A **new** friendship you want to begin,
- An **existing** friendship you want to deepen, or
- A **broken** friendship you hope to restore.

Write down their name.

Step 2: Name their NOW

Describe in two or three words where your friend seems to be right now. Don't overanalyze, just capture what you see or sense.

Examples:

- "Overwhelmed, restless, searching"
- "Transitioning, hopeful, curious"
- "Drifting, hurt, guarded"

Then pause and thank God that He knows this person's story better than you ever could, and that He's already present in their "now."

Step 3: Identify their BREAKTHROUGH

The arrow between **NOW** and **NEXT** represents God's breakthrough, His movement in your friend's life. Ask quietly, "Lord, where do You want to bring breakthrough?"

It could be something like:

- Healing
- Freedom
- Courage
- Forgiveness
- Reorientation toward purpose

Write one or two words that capture the kind of breakthrough you sense God might want to bring.

Step 4: Imagine the NEXT

Prayer invites you to see the potential of what could be on the other side of God's work. Ask, "If this breakthrough happened, what might be true in their life next?"

You might consider:

- **Growth** – What new character might emerge? (Joy, steadiness, humility)
- **Breakthrough** – What might they be free from? (Fear, shame, resentment)
- **Relationships** – What new connections or reconciliations could form?
- **Influence** – Where might they begin to impact others?

Examples:

- "Peace replacing anxiety."
- "Courage to step into leadership."
- "Freedom to forgive and rebuild trust."

Step 5: Pray the NOW → NEXT Prayer

Use what you wrote to shape a simple, personal prayer:

"Jesus, thank You that You began a good work in **[name]** and You'll carry it on to completion. Right now, they're in a season of **[NOW words]**. I'm asking for Your breakthrough in the area of **[arrow phrase]**, and that You'd lead them into **[NEXT statement]**. Help me to see how I can be part of what You're doing in their life. Amen."

Consider sending a short note or text of encouragement to your friend.

NOW TO NEXT

Your friend's name: _____

NOW



NEXT

Write a few words describing their current season

What's waiting for them on the other side of breakthrough?

